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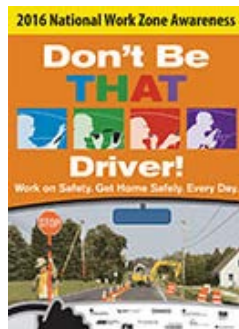
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## SAFETY BULLETIN

### Next Week is National Work Zone Awareness Week April 11-15, 2016

National Work Zone Awareness Week (NWZAW) is an annual spring campaign held at the start of construction season to encourage safe driving through highway work zones and construction sites. The key message is for drivers to use extra caution in work zones. For more information, check out the link below.



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847-304-3190

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### 10 Tips for Driving Safely in Work Zones

- EXPECT THE UNEXPECTED! (Normal speed limits may be reduced, traffic lanes may be changed, and people may be working on or near the road.)
- SLOW DOWN!(Speeding is one of the major causes of work zone crashes.)
- DON'T TAILGATE! KEEP A SAFE DISTANCE BETWEEN YOU AND THE CAR AHEAD OF YOU. (The most common crash in a highway work zone is the rear end collision. So, don't tailgate.)
- KEEP A SAFE DISTANCE BETWEEN YOUR VEHICLE AND THE CONSTRUCTION WORKERS AND THEIR EQUIPMENT.
- PAY ATTENTION TO THE SIGNS! (The warning signs are there to help you and other drivers move safely through the work zone. Observe the posted signs until you see the one that says you've left the work zone.)
- OBEY ROAD CREW FLAGGERS! (The flagger knows what is best for moving traffic safely in the work zone. A flagger has the same authority as a regulatory sign, so you can be cited for disobeying his or her directions.)
- STAY ALERT AND MINIMIZE DISTRACTIONS!(Dedicate your full attention to the roadway and avoid changing radio stations or using cell phones while driving in a work zone.
- KEEP UP WITH THE TRAFFIC FLOW. (Motorists can help maintain traffic flow and posted speeds by merging as soon as possible. Don't drive right up to the lane closure and then try barge in.)
- SCHEDULE ENOUGH TIME TO DRIVE SAFELY AND CHECK RADIO, TV AND WEBSITES FOR TRAFFIC INFORMATION. (Expect delays and leave early so you can reach your destination on time.
- BE PATIENT AND STAY CALM. (Work zones aren't there to personally inconvenience you. Remember, the work zone crew members are working to improve the road and make your future drive better.)
- *Most States have a 511 Road condition app that you can download to your smart device.*

[American Traffic Safety Services Association \(ATSSA\)](#)

### April is Distracted Driving Awareness Month!

*Did you know your brain can miss seeing up to 50% of your driving environment when you talk on a cell*



### Register Now for the 2016 Idealease / NPTC Safety Seminar

Idealease and the National Private Truck Council NPTC will again be hosting safety seminars in 2016. The one day seminar this year will focus on the new Electronic Logging Device (ELD) regulation, basic safety and compliance, regulation changes and CSA. In addition, this year attendees will receive the mandatory two hour Drug and Alcohol supervisor training as part of the seminar. The seminars will be provided to all Idealease customers, potential customers and NPTC members at no charge. The seminar provides important information applicable for both the novice and experienced transportation

*phone? And, that according to research, drivers talking on cell phones had slower reaction times than drivers with a .08 blood alcohol content.*

April is Distracted Driving Awareness Month and is the perfect time for motor carriers to reinforce to their drivers the dangers of distracted driving and the rules and regulations being enforced by the FMCSA.

According to these regulations, Commercial Motor Vehicle (CMV) drivers are prohibited from texting or using hand-held mobile phones while operating their vehicles. Violations can result in fines and/or disqualifications and will impact a motor carrier's and/or driver's Safety Management System (SMS) results. Texting means manually entering alphanumeric text into, or reading text from, an electronic device. The rules also restrict a CMV driver from **reaching for** or **holding** a mobile phone to conduct a voice communication, as well as dialing by **pressing more than a single button**. CMV drivers who use a mobile phone while driving can only operate a hands-free phone located in close proximity. In short, the rule prohibits unsafely reaching for a device, holding a mobile phone, or pressing multiple buttons.

The rules impose sanctions for driver offenses, including civil penalties **up to \$2,750** and disqualification for multiple offenses. Motor carriers are also prohibited from requiring or allowing their drivers to text or use a hand-held mobile phone while driving and may be subject to civil penalties up to \$11,000. Violations will impact SMS results.

### Tips for Controlling Distracted Driving:

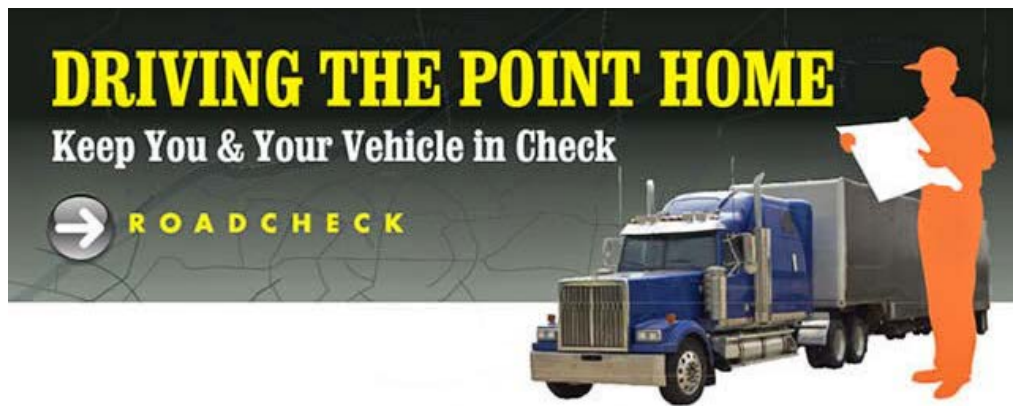
- **Out of sight, out of mind.** Putting your phone on silent and storing it somewhere that is not visible, but easily accessible, is the best way to avoid temptation. Everyone knows the feeling of seeing a notification and wanting to immediately respond because we all live busy lives, but in order to stay safe and keep other motorists safe, it's best to keep your phone out of sight.
- **Never text and drive.** There's very few driving habits that are worse than texting and driving. Taking your eyes off the road to send a one-word text takes at least 5 seconds. If you're going 60 mph on the highway, your vehicle travels more than the length of a football field in five seconds. Do not take those five seconds for granted because a lot can happen in that short amount of time – debris can fly into your lane, an animal can run in front of your car, or another driver might change lanes and hit the brakes.
- **Be prepared to drive before getting behind the wheel.** Eat your granola bar at home. Save the newspaper for when you get to work. Make sure you're fully awake by getting the proper amount of sleep the night before. There are many ways in which we can get sidetracked throughout the day and there are certainly times when we have to multitask. Driving is not one of those times.
- **Properly secure every item in your vehicle.** You don't want something to fall to the floor and spill while you're traveling at 60 miles per hour down the highway. Try to suitably secure all items and definitely do not place anything on your lap or near the driver's side floor. Items can slide under your brake pedal and prevent you from stopping if incorrectly secured.
- **Set a good example for young drivers and speak up when uncomfortable.** Young drivers who have grown up in the age of tremendous technological advancement may not know the risks involved in distracted driving. Talk to them about why it's important to focus and why sharing the road with other drivers is a big responsibility. Also, if you're a passenger in a vehicle and an electronic device distracts the driver, say something or offer to type the text and send it yourself. Safety is much more important than avoiding a few minutes of awkward conversation.

professionals.

[Click Here](#) to register

### 2016 Idealease Safety Seminar Schedule:

April 12	Wausau, WI
April 14	Madison, WI
April 14	Lodi, CA
April 19	Fort Myers, FL
April 20	Tampa, FL
April 21	Orlando, FL
April 26	Baltimore, MD
April 27	Harrisburg, PA
April 28	New Windsor, NY
May 3	Kansas City, MO
May 3	Lexington, KY
May 5	Salt Lake City, UT
May 5	Aurora, CO
May 10	Everette, WA
May 12	Moncton, NB
June 7	Springfield, IL
June 23	San Leandro, CA
September 20	Lafayette, IN
September 21	Santa Fe Springs, CA
September 22	Santa Barbara, CA
October 4	Green Bay, WI
October 4	Erie, PA
October 5	Butler, PA
October 6	Cleveland, OH
October 12	Chicago, IL



## International Roadcheck 2016 will be June 7-9, 2016

Roadcheck, now in its 29th year, is the largest targeted enforcement program on commercial motor vehicles in the world, with nearly 17 trucks or buses inspected, on average, every minute from Canada to Mexico during a 72-hour period in early June. Each year, approximately 10,000 CVSA-certified local, state, provincial and federal inspectors in every jurisdiction across North America perform the truck and bus inspections.

[International Roadcheck Checklist for Drivers](#)

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**Our mailing address is:**  
430 North Rand Road  
North Barrington, IL 60010