

In this Issue:
Keeping Your Drivers Safe Inside the Cab
What's the best way to clean your vehicle to reduce the existence of coronavirus?
What not to use
Guide to tell the difference between different conditions you may have and the COVID-19
When to Seek Medical Attention
FMCSA Expands COVID-19 Emergency Declaration
International Roadcheck Postponed Due to Coronavirus



Keeping Your Drivers Safe Inside the Cab



[Click here](#) for a cleaning checklist that you can provide to your employees who are cleaning your truck units as a guide. [Find the Idealease version here for Idealease employees.](#)

The Coronavirus COVID-19 can stay transferrable on a hard surface for up to three days. There have been questions regarding sanitizing sleeper mattresses. There are ways to sanitize a mattress for the virus; however, they are impractical for Idealease, such as steam cleaning or UV-rays.

The best recommendation I have is to put the mattress in a disposable plastic bag and change the bag if you switch drivers in a unit. Twin mattress bags are available for purchase from moving companies that you can use and then throw away.

What's the best way to clean your vehicle to reduce the existence of coronavirus?



March 27, 2020

International Roadcheck Postponed Due to Coronavirus COVID-19



International Roadcheck, an annual inspection event hosted by the Commercial Vehicle Safety Alliance (CVSA), has been postponed due to the coronavirus (COVID-19) outbreak.

Roadcheck was scheduled for May 5-7 throughout the United States, Canada, and Mexico. By postponing for 2020 and not cancelling, CVSA is leaving open the opportunity to reschedule the event later this year.

Inspections still taking place COVID-19 has forced the Federal Motor Carrier Safety Administration (FMCSA) to temporarily waive federal rules related to everything from drug and alcohol testing to hours of service. But CVSA is reminding motor carriers that roadside safety inspections and traffic enforcement will continue daily as departmental health and safety policies and procedures allow.

Other events remain scheduled

First, the employee cleaning the unit should wear rubber/nitrile gloves and safety glasses when performing the cleaning. The gloves should be discarded after each use.

Alcohol works best for the smaller knobs, handles, etc. It is the cleaner most used by manufacturers of most automotive interiors today. All it takes is a quick wipe to clean germs and fingerprints. Soap and water will work on the seat and hard surfaces. Soap breaks down the oil that surrounds the coronavirus.

It's not a good idea to splash water all over the electrical components of the dash or even the steering wheel, and bleach solutions are obviously not a good idea for interior fabrics and materials. [This comprehensive list](#) from the Environmental Protection Agency of cleaners that are effective against the virus includes plenty of bleach-free sprays and wipes.

What not to use

I would advise against using any type of bleach or hydrogen peroxide on the unit's interior. Both chemicals will put an end to the coronavirus germs, but they will also cause damage to the vinyl and plastic materials/finishes used in trucks today.

Guide: tell the difference between your existing conditions and COVID-19 Allergies

Allergies

- Shortness of breath
- Fever (rare and above 100 degrees)
- Dry cough
- Gradual onset (two to 14 days after onset)
- Sometimes headache
- Sometimes aches and pains
- Mild sneezing
- Sometimes fatigue, but it's not predominate like the flu
- Diarrhea is rare
- Runny nose
- Sneezing
- Red, swollen eyes
- Itchy eyes
- Itchy nose
- Tickly throat



Cold

- Runny nose
- Sneezing
- Sore throat
- Aches and pains
- Mild, dry cough
- Rarely a fever



Strep

- Sore throat
- Painful swallowing
- Fever

Roadcheck is CVSA's only public enforcement initiative scheduled for 2020 that has been postponed. Still on the calendar is the Operation Safe Driver Week, scheduled for July 12-18, and Brake Safety Week, set for August 23-29.



Idealease and the National Private Truck Council NPTC will again be hosting safety seminars in 2020. The one-day seminar this year will focus on new safety technologies available on trucks today, basic safety and compliance, regulation changes, load securement and CSA. The seminars and will be provided to all Idealease customers, potential customers and NPTC members at no charge. The seminar provides important information applicable for both the novice and experienced transportation professionals.



Spring Dates

7/22/2020 Santa Rosa, CA

Fall Dates

8/27/2020	Nashville, TN
9/23/2020	Brantford, ON
9/23/2020	Indianapolis, IN
9/29/2020	Fort Wayne, IN
10/1/2020	Oklahoma City, OK
10/7/2020	Eugene, OR
10/13/20	Charlottesville, VA
10/22/20	Birmingham, AL
10/29/20	Phoenix, AZ

Please [Click Here](#) to view a schedule of Safety

Flu

- Fever is common
- Dry cough
- Quick onset
- Headache
- Sore throat
- Fatigue
- Sometimes a runny nose
- Sometimes diarrhea

New coronavirus, COVID-19

- Shortness of breath
- Fever (above 100 degrees)
- Dry cough
- Gradual onset (two to 14 days after onset)
- Sometimes headache
- Sometimes aches and pains
- Mild sneezing
- Sometimes fatigue, but it's not predominate like the flu
- Diarrhea is rare
- Loss of smell and taste



When to Seek Medical Attention

If you develop emergency warning signs for COVID-19 get medical attention immediately. **Emergency warning signs* include:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

***This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.**

FMCSA Expands COVID-19 Emergency Declaration

The Federal Motor Carrier Safety Administration (FMCSA) has added to the list of activities that qualify for an emergency exemption from certain safety regulations for drivers assisting with the nationwide coronavirus (COVID-19) response.

In a new set of Frequently Asked Questions issued on March 25, 2020, **the agency clarified that the March 13 emergency declaration may apply to:**

- Wood pulp intended for use in producing essential items (e.g., to be used in medical or sanitation supplies, groceries, etc.);
 - Raw materials used to manufacture bleach, disinfectants, hand sanitizers, and similar items;
 - Food packaging materials, such as produce containers; and
 - Livestock feed and fertilizer being used to produce food.
- Pet food is NOT covered by the exemption, the FMCSA says. The agency earlier clarified that livestock qualifies for the exemption, as do haulers of

Seminars offered.

Safety Bulletin

Training Requirements of the Federal Motor Carrier Safety Administration (FMCSA)

September 27th, 2019

UPCOMING EVENTS

October 8th - 14th is Fire Prevention Week

National Fire Prevention Week is coming, and it's a good time to review with your drivers how to prevent fires and how to react to a fire that occurs in their commercial motor vehicle.

Fire extinguisher inspection is vital part of a driver's daily vehicle inspection process. If a driver receives many fines - call on looking at a truck and find the fire extinguisher has not been inspected in time - make sure and schedule to do so. Always bring extinguisher. The absence of a driver at the time of a fire can result in safety fines and controlling the amount of loss.

Register Now to Attend an IDEAS/ENPTC Safety Seminar this Fall!

Let's look at what the regulations say about training of your supervisors of CDL drivers.

By the way, this applies to all motor carriers INTRIA and INTER state.

SIGN UP FOR SAFETY BULLETINS

Email *

First Name *

Last Name *

Job Title *

Company *

SUBMIT

ELEVATE: QUESTION/TIP OF THE WEEK SIGNUP

Email *

First Name *

Last Name *

Job Title *

Company *

SUBMIT

household and medical waste.

The above items only qualify if they are being transported as "precursor" materials to be used for products and services covered under the emergency exemption.

Drivers eligible for the exemption are not required to comply with hours of service, driver qualification, vehicle inspection, and other FMCSA safety rules. Some regulations must still be followed, however, including those for CDL licensing, drug/alcohol testing, and insurance (click the links for additional guidance on how the rules apply during the COVID-19 emergency).

To qualify for the exemption, drivers must be "providing direct assistance in support of relief efforts related to the COVID-19 outbreaks.... Direct assistance means transportation and other relief services provided by a motor carrier or its driver (s) incident to the immediate restoration of essential services (such as medical care) or essential supplies (such as food and fuel) related to COVID-19 outbreaks during the emergency." Routine commercial deliveries are not eligible.



The emergency exemption is currently in place until April 12, 2020, or until the emergency is declared to be at an end, whichever occurs first.

